

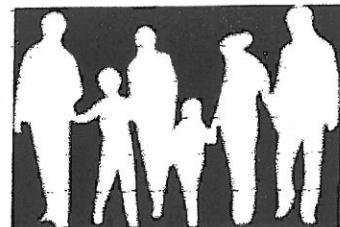
# Family Café Evaluation

Today's Date \_\_\_\_\_ Café Location \_\_\_\_\_

*Café Theme:*

Taking Care of Yourself    Being a Strong Parent    Building Strong Relationships with Your Children

1. Participating in this café was helpful to me.    Agree    Disagree    Not Applicable
2. As a result of participating in this Family Café:
  - a. I learned something that will help me as a parent.    Agree    Disagree    Not Applicable
  - b. I plan to try a different way/learned way to handle stress or challenges in my life.    Agree    Disagree    Not Applicable
  - c. I plan to take better care of myself.    Agree    Disagree    Not Applicable
  - d. I met a person (or people) I plan to stay in touch with.    Agree    Disagree    Not Applicable
  - e. I learned about a program or resource in my community that will be good for me and my family.    Agree    Disagree    Not Applicable
  - f. I will be more willing to ask for help when I or my family needs it.    Agree    Disagree    Not Applicable
  - g. I plan to change how I listen to my child(ren).    Agree    Disagree    Not Applicable
  - h. I plan to change how I talk to my child(ren).    Agree    Disagree    Not Applicable
  - i. I plan to change how I discipline my child(ren).    Agree    Disagree    Not Applicable
  - j. I plan to spend more time with my child(ren).    Agree    Disagree    Not Applicable
  - k. I plan to make sure I understand my child(ren)'s feelings.    Agree    Disagree    Not Applicable



3. Is there anything else you'd like to share about your experience at Family Café?

4. What is your gender?  Male  Female

5. What is your age?  19 or younger  20-30  31-40  41-54  55 or older

6. What is your race/ethnicity?  Caucasian  African American  Hispanic  
 Native American  Multiracial  
 Asian/Pacific Islander  Other \_\_\_\_\_

7. How many children do you have?  1  2  3  4  5+

8. Relationship to child: (Please choose one that best describes you)

Biological Parent		Adoptive Parent	
Foster Parent		Grandparent	
Step Parent		Legal Guardian	
Extended Family		Other:	

9. We often share stories and quotes from parents who have benefited from cafés, please know that all names are kept private. Would it be okay for a café sponsor contact you about your experience?

If yes, please provide name \_\_\_\_\_ Phone # \_\_\_\_\_

